### **Final Event of the Smart Rural 21 Project**

17<sup>th</sup> October – 18<sup>th</sup> October 2022 Sopot, Poland





### How to co-design e-services with rural communities

Lessons learned from the Smart Rural 21 project

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# Point of departure



- Population ageing & composition
- Demand for health care & social support
- Lack of access to existing health care services



#### **Social Care**

Falls alarms, morning call schemes, time banks, etc.

#### **Health Care**

Tele-visits, vital sign monitoring, etc.



#### Housing

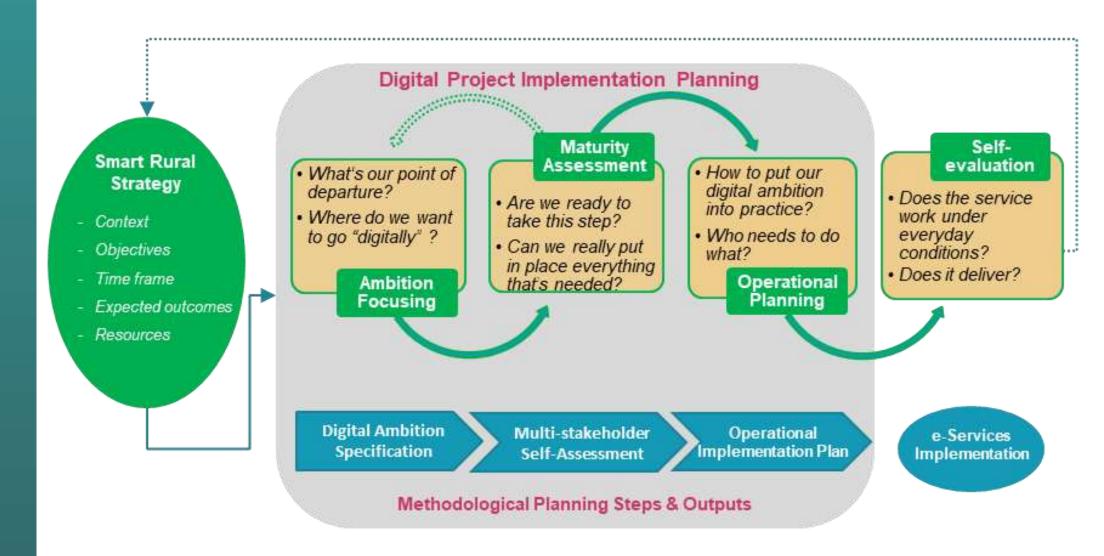
Home automation, security alarms etc.



- √ The 'digital' alone is often not enough to solve the problem
- ✓ Building a digital support service should be seen as a 'journey' and not just as the acquisition of a 'digital tool'.

## How to put ideas into practice?





## Some lessons learned



- Going digital' is not always a 'cheap route'; especially more sophisticated e-services tend to require a certain scale to be economically sustainable
- Bottom-up projects often struggle with resources and long-term commitment of volunteer stakeholders to sustain digital services after the initial euphoria
- Digital solutions tend to be strongly context-bound and not simply replicable one-to-one



Digital service innovation tends to require more then just a 'digital tool' but can be worth the effort!